

## "OVERCOMING GUILT (More than Conquerors - Two)

**Question:** "Are you living in guilt or by grace?"

### I. WHAT ARE THE {CONSEQUENCES} OF GUILT?

1. Guilt kills a believer's {joy}. (*Psalm 51:9-12 / Psalm 23:3*)

**Note:** There is a vast difference between guilt and conviction! (*John 16:8*)

2. Guilt hinders our {prayers}. (*Ezra 9:5-6 / I Timothy 2:8 / Jonah 1:4-6 / Jonah 1:7-12 / I John 3:21-22 / Hebrews 4:16*)

**Note:** Grace is receiving from God things we do NOT deserve; Mercy is NOT receiving from God the punishment we DO deserve. (*Psalm 103:8-12*)

3. Guilt hinders our {service for God}. (*Matthew 26:74-75 / I Corinthians 15:9-10*)

**Note:** "You will separate from your sin or your sin will separate you from your God."

### II. HOW DOES A BELIEVER {CONQUER} GUILT?

1. Confess your sins to God!

*\*I John 1:9    \*Colossians 2:14    \*I John 1:7    \*Hebrews 10:17    \*Hebrews 10:19*

**Note:** Let every remembrance of your sins draw you to Jesus on the cross!

2. Repent of all your sins!

*\*Proverbs 28:13    \*Romans 6:1-2    \*Acts 3:19    \*Romans 5:20-21*

**Note:** The only cure for guilt is grace! Have a prepared answer for anyone who brings up your past!

3. Accept God's grace!

*\*Titus 2:11    \*II Corinthians 12:9    \*Hebrews 12:15*

**Note:** God offers grace to all. Grace can be resisted! But, we can "grow in grace"! (*II Peter 3:18*)

**Conclusion:** "You cannot go back and change the beginning...But, you can start where you are...and change the ending." CS Lewis