

## "ARE YOU RESTING...or RESTLESS?"

*(Peace in a Pandemic - Lesson Four)*

*(Matthew 11:28-29)*

**Questions:** *"How can a person rest in the day of trouble?" (Habakkuk 3:16-18)*

*"How can a person wait on the Lord when there is a rapidly approaching deadline?"*

*(II Chronicles 20:12) "What is the address of the place of rest for the people of God?"*

*(Hebrews 4:9)*

### I. THE PROMISES OF THE SON OF GOD

*\*Matthew 11:28-29   \*John 14:27   \*Luke 21:19*

*\*Luke 11:24   \*Ruth 1:16   \*Proverbs 3:5-6   \*Revelation 1:9-11*

**Biblical example: RUTH / JOHN THE BELOVED**

### II. THE PROMISES OF THE WORD OF GOD

*\*Isaiah 64:4   \*Romans 15:4   \*James 5:10-11*

*\*Hebrews 10:36-38   \*Psalm 27:13-14   \*Psalm 37:7*

*\*Psalm 40:1-3   \*Luke 1:5-17   \*I John 5:4*

**Biblical Example: JOB / Zacharias and Elisabeth**

### III. THE PROMISES OF THE SPIRIT OF GOD

*\*Galatians 5:22   \*Isaiah 59:19b   \*Romans 5:3-5*

*\*I Samuel 13:8-14   \*Zechariah 4:6   \*I Samuel 17:32-37*

*\*Romans 12:12*

**Biblical Example: SAUL / David & Goliath**

**Invitation: Patience and Contentment must be "*learned*"**

***(Philippians 4:11-3)! But it is available to all believers!***