

"ARE YOU MAD or MEEK?"

(Peace in a Pandemic - Lesson Five)
(Galatians 5:19-23)

Fact: Our response to anger is a spiritual thermometer!

I. ANGER IS PART OF OUR FLESH NATURE

*Galatians 5:19-21 *James 1:13-15 *Matthew 6:13

Note: Anger is an indication of spiritual warfare!

Biblical example: Cain & Abel (Genesis 4:1-7)

II. ANGER IS NOT A SIN

*Ephesians 4:26-27 *Nahum 1:3 *Psalm 30:5
*I Kings 11:9 *I Samuel 20:30-34

Note: It may surprise you to discover that GOD becomes angry!

Biblical Example: Jonathan (I Samuel 20:30-34)

III. UNSPIRITUAL ANGER NEVER ACCOMPLISHES ANY SPIRITUAL GOOD!

*James 1:19-20 *Ephesians 4:30-32 *Proverbs 22:24-25
*Proverbs 21:19 *Proverbs 15:18

Biblical Example: Jonah (Jonah 4:1-11)

IV. ANGER IS ONLY CONTROLLED BY MEEKNESS

*Galatians 5:22-23 *Proverbs 16:32 *Proverbs 15:1
*Numbers 12:3 *Exodus 2:11-12 *Exodus 32:19
*Ecclesiastes 3:7-8 *Galatians 6:1 *I Peter 3:15

Note: Meekness is not weakness! (Explain the meaning of the word!)

Biblical Example: Moses

V. MEEKNESS AND TEMPERANCE ARE BOTH "FRUITS OF THE SPIRIT"

*Galatians 5:23 *Matthew 11:28-29 *John 2:13-16 *I Peter 2:21-25 *II Peter 1:5-7

Biblical Example: Jesus

Fact: When we are mad, we are carnal (I Corinthians 3:3).

When we meek, we are walking in the Spirit. (Matthew 5:5).