

"ANGER MANAGEMENT or ANGER RESOLUTION"

(The Fruit of the Spirit - Lesson Eight)

(Galatians 5:22-23)

Fact: When any believer consistently "walks in the Spirit", God grows {temperance}.
Temperance is the ability to control the {flesh} nature (Galatians 5:16-18).

I. WHY DID {TEMPERANCE MOVEMENT} FAIL?

*Acts 24:25-26 *Daniel 1:8 *Acts 3:19 *I John 4:4

*II Peter 2:22

Note: No person can {reform} outwardly until they {repent} inwardly!

II. DOES TEMPERANCE CONQUER ONLY {ANGER}?

*Galatians 5:19-21 *I Corinthians 9:24-25 *Titus 1:7-8 *Galatians 5:16

*Proverbs 20:11

Note: Temperance conquers {lust; addictions; gluttony; anger; hatred...}!

III. HOW DOES TEMPERANCE {GROW}?

*James 1:19-22 *Ephesians 4:26-27 * II Peter 1:6

*Titus 2:2 *John 8:30-32 *II Corinthians 10:3-5

*Luke 9:23 *Matthew 12:43-45 *John 15:1-5

1. Make a {decision}.
2. Establish a {discipline}.
3. Maintain this discipline {daily}.

Note: {Salvation} is instantaneous, but {sanctification} is a life-long process!