



From the Pastor's Desk

“Thou shalt have no fun?”



“No, Noah! Stop! Get back here!”

Twice I had to yell those words after parking in front of our home. My son, Noah, was two years old when he developed a nasty habit that, if I hadn't done something to stop it, may have prevented him from reaching age three. We'd park in front of our house (then 2112 Brady Place, in Bethel Park), and as soon as Erin or I unbuckled Noah's car seat he'd hop out of the van, take off, and run around it into the street.

We had on-street parking. Thankfully Brady Place isn't a busy street. No cars ever passed the three times Noah ran around our van into the street. Erin and I knew, however, that if we didn't break his habit of running fearlessly into the street, one day, God forbid, Noah's lap around the van could end in heart breaking disaster.

“While it's true that the Ten Commandments tell us what we're supposed to do and not do, they're so much more than that. When you see something being protected, you know it's important. The Ten Commandments are like God building a barbed wire fence around His gifts (to us),” says Pastor Bryan Wolfmuehler, whose *Teaching Christian Basics* videos on YouTube are helping us take a fresh, new look at the Ten Commandments in Sunday School.

God gives us so many precious gifts. He wants to protect those gifts. Look at the Commandments. You'll see, among other things, a list of gifts God gives to you. He gives us the precious, sacred gift of Himself. The 1st Commandment (“*You shall have no other gods*”) protects that gift. He gives us the gift of access to Him through prayer and worship, calling on His name. The 2nd Commandment protects that gift. He gives us the gift of His Word and rest (3rd Commandment), parents and authority figures (4th Commandment), life (5th Commandment), marriage (6th Commandment), and so on. God's Ten Commandments aren't just a list of dos and don'ts. They show us the precious, sacred gifts He gives to us; gifts so precious and sacred, in fact, that God intends for them to be protected.

As we study the Ten Commandments in confirmation class I encourage our students to understand that God has blessed them with precious gifts. He uses His Commandments, in part, to protect those gifts.

I'd told Noah (yelled quite loudly, actually) twice not to run around the van into the street. I explained it as well and firmly as I could to a two-year-old, to no avail. For a third time we parked in front of our home, made sure no cars were coming, unbuckled Noah, and for the third time in a row he ran around the van into the street. If only he'd known how determined Daddy was to make that his last lap around the van. He was quickly educated.

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Ruthfred Lutheran Church

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Wwww.Ruthfred.org

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Pastor Bryce C. McMinn

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In urgent concern for the life and welfare of my precious child, whom I love more than my life, I took hold of Noah and swatted his back side, delivering a firm, stinging, memorable command that he must never disobey Daddy and run around our van and into the street again. Noah is an excellent student. He committed the lesson to memory. There was no 4th lap.

Why did I make such a rule? What was the point of Daddy's First Commandment, *"Thou shalt not run around the van into the street?"* Did I just want to control Noah, exercising brute, dictatorial rule over him to please my ego? No. I love my children! They're precious to me; priceless gifts from God to Erin and me. Just as God's Commandments protect the precious gifts He's given to us, Daddy's First commandment protected the precious gifts of my little boy's life and health.



Have you ever looked at the Ten Commandments like that? Have you considered the precious gifts God has given to you, and how he protects them through His Commandments? Have you seen the immeasurable love God shows you in His Commandments? Come to Sunday School. Take a fresh look at God's Word. See and know the depth of His love for you, His precious child.

*Love in Christ,
Pastor Mc.Minn*

"I am the Lord your God...showing lovingkindness to thousands, to those who love Me and keep My commandments." -Exodus 20

Life Quotes from Lutherans For Life



"There's so much work to be done, so many lives to protect. The unborn, the mentally ill, the hungry, the broken, and many others still need to hear about our hope in Christ and the love He has for us, and it's our duty to bring it to them."

Katie Reid, 2021 Y4Life intern – A Life Quote from Lutherans For Life • lutheransforlife.org



WELCOME NEW MEMBERS!

Above: Melanie Roscoe,
Ed & June Malachosky,
Anne McCafferty,
Zachary (& Shelby Cannata),
Judy Ann Minkemeyer

Right: Natalie Rose Scott,
Caitlyn Victoria Bostaph,
Morgan Emily Phelps

Not pictured: Isaac Nirella,
Lauren & Christopher Thomas
(Charlotte, Ellie)



Member Profile:**by Mettelise Ziegler****Ed & June Malachosky**

Ed and June Malachosky recently joined our church. They reside in Nottingham Township on a wooded property of over 150 acres that Ed inherited from his parents. However, they have only been residents since 2016 after moving many times.

Ed is a veteran of the United States Army. He served from 1971 to 1975 during the Vietnam War, and spent another two years in the Army Reserves. He is a graduate of Washington and Jefferson College where he studied Chemistry. He earned his master's degree and was sent to oil fields in Colorado, Pennsylvania and Texas for forty years.



June is from Sellersville, on the eastern end of our state, about twenty-two miles south of Allentown. She was raised Lutheran and stayed in the region through college, graduating from Lafayette. June then pursued a PhD in Psychology at the University of North Carolina at Chapel Hill. She worked as a school psychologist for a number of years.

The Malachosky's were married in 1984 and have two grown sons. Neither lives close by. The older son lives in Chicago, Illinois. Christopher resides in California. Ed and June have lived in Dallas, as well as Houston, Texas. While living in Houston, June became involved with the Houston Coalition for Life. She still sews blankets that she ships there for newborns. Here in Pennsylvania, June is active with Lutherans for Life.

Ed has been kept busy working on the many acres of land, a former dairy farm, that is in need of attention. He says it is a full time job to clear the many diseased and dead trees, as well as rotten fencing on the property. Ed and June are looking forward to traveling again once the pandemic eases. In the past they have been to India, New Zealand, Ireland and Iceland.

The Malachosky's believe Ruthfred does a fine job of teaching the Bible while at the same time pointing out practical applications for daily living. After viewing church online for so long, they decided to visit in person on Christmas Eve. Ed and June are so glad they did!

A Message from our Treasurer, Bill Ward:**When One Door Closes, Another Opens**

Ruthfred has so many blessings, and this one is such a special story. Ruthfred member Grace Diehm and her late husband Chuck were very active members in the Birmingham United Church of Christ (Carrick). The church was originally chartered 176 years ago as the German United Evangelical Congregation in the Borough of Birmingham (Southside) and then moved to Carrick in 1951. As members there Chuck was Council President for over 20 years and Grace served by his side as Secretary. Grace and Chuck taught Sunday School and they frequently sponsored fund raising dinners to support the Youth Program. Their two daughters were baptized and also married there. Unfortunately, over time the membership had dwindled and in 2015 the church elected to dissolve. Grace and Chuck found their way to Ruthfred and were delighted to have a new church home with a passionate biblical doctrine. Their daughter Patty is also now a Ruthfred member and was recently married at Ruthfred to Tom Sanders. After some lengthy legal complications, the former Birmingham church building was eventually sold, and the remaining assets have been distributed to other non-profit organizations. Due to Chuck and Grace's devoted involvement at Birmingham United Church of Christ, Grace was able to present two gifts to Ruthfred from the dissolution of Birmingham United. One for \$30,395.04 and the other for \$1,995.63 to Ruthfred's Youth Group. God continues to bless Ruthfred in so many ways and we are so grateful for Grace directing these gifts to RLC. Church Council will prayerfully contemplate how to use the generosity in a way that may honor the legacy of Birmingham United Church of Christ and the Diehm family.

**90+ Birthday Club****Sue Kovac****March 2nd 92****Caryl Hansen****March 26th 90**

Official Acts -- February 2022

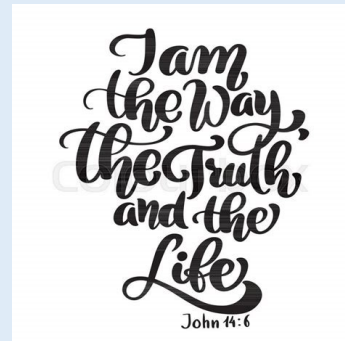
Baptisms:

- * Juliet Anne Demkowicz -- 02/20/22
- * Nicholas Alan Cannata -- 02/27/22

New members:

- | | |
|------------------------------|-------------------------------|
| * Caitlyn Victoria Bostaph | * Isaac Nirella |
| * Zachary Alan Cannata | * Morgan Emily Phelps |
| * Edward and June Malachosky | * Natalie Rose Scott |
| * Anne B. McCafferty | * Melanie Roscoe |
| * Judy Ann Minkemeyer | * Lauren & Christopher Thomas |

* indicates member



Ponderable Quote:

The Christian faith is the most exciting drama that ever staggered the imagination of man - and the dogma is the drama ... The plot pivots upon a single character, and the whole action is the answer to a single central problem: 'What think ye of Christ?' ... He was emphatically not a dull man in his human lifetime, and if he was God, there can be nothing dull about God either.

Dorothy Sayers

Dear Congregational Family,

This year our Lenten Theme is: ***“The Passion of our Lord.”***



Every year we read through the “Passion History” booklet as a congregation during the Lenten Season. This year, our messages will correspond directly to the chapter we read each week. Although we will focus primarily upon Matthew’s Gospel, the “Passion History” is a compilation of all four Gospel accounts of Holy Week.

I know that for many of you, the Lenten journey might seem too routine. However, this is a wonderful opportunity to reflect again on the journey of our Lord to the cross to die for our sins as our sacrifice and to save us for all eternity! This will also be an opportunity to have the events of Holy Week clearly taught in their chronological sequence. Let me encourage you to make sure to include your children, so that they might also have these truths of their Savior clearly etched in their hearts. I pray that as we journey with Jesus this season, we might draw closer to Him in love and devotion.

Kathryn Carr has made a beautiful new bulletin cover design this year which depicts the themes of our Lenten messages each week. The six scenes are centered around the cross. We will also sing many of the traditional Lenten hymns, all of which are filled with rich meaning and a deep meditation upon “The Passion of our Lord,” as we focus on how Jesus saves us through His sacrifice as the Lamb of God upon the cross.

Our afternoon service time is at 2:00 p.m., and our evening services will be at 7:30 p.m. The services will be kept to 45 minutes in order to help more young families attend and still allow children time for homework and their normal bedtimes. (The Ash Wednesday services will be slightly longer because of Holy Communion being served.) Confirmation students will be taking sermon notes for their Lenten Booklet during the Lenten Season. Parents, please come and be present with your child/children at the services.

The Lenten Season begins with Ash Wednesday on March 2nd. Our day will begin with a brief spoken service with Holy Communion at 6:30 a.m. The 2:00 p.m. and 7:30 p.m. services will be the regular Ash Wednesday service along with Holy Communion. We will be offering the “Imposition of Ashes” again this year at all three services. The ashes may be received near the back of the sanctuary as one enters at the beginning of the service. The ashes are placed on the forehead in the form of the cross, while the words “From the dust you were formed, unto the dust you shall return; repent and believe the Gospel” are spoken.

We will also be having Lenten Soup & Sandwich Suppers every Wednesday from 6:00 - 7:00 .p.m. in the fellowship hall. This will give our church family an opportunity to eat together and enjoy fellowship before the evening service. Special thank you to Peggy Cox, Joanne Salvetti and Arlene Ball for this!

Please set aside time to journey with our church family as we follow along on the journey of ***“The Passion of our Lord.”***

Growing Together in our Faith as the Family of God,

Pastor Carlson

2022 Lenten Schedule

2022 Lenten Schedule

Ash Wednesday Morning (March 2)

Service at 6:30 a.m. with Holy Communion.

Beginning on Ash Wednesday, we will have a series of sermons based upon the theme,

"The Passion of our Lord"

*The 7:30 p.m. services will be livestreamed.**

Our Lenten Soup & Sandwich Suppers will be every Wednesday from 6 – 7 p.m.

Ash Wednesday – March 2

Holy Communion - 2:00 & 7:30* p.m.

"Our Lord Washes Our Dirty Feet"

Matthew 26:17-20; John 13:1-20

March 9

Services - 2:00 & 7:30* p.m.

"Our Lord Prays in the Garden"

Matthew 26:36-39

March 16

Services - 2:00 & 7:30* p.m.

"Our Lord is Betrayed with a Kiss and Denied with a Curse"

Matthew 26:47-54, 69-75

March 23

Services - 2:00 & 7:30* p.m.

"Our Lord is Tried before Pilate"

Matthew 27:1-14; John 18:28-38

March 30

Services - 2:00 & 7:30* p.m.

"Our Lord is Condemned to Death"

Matthew 27:15-32

April 6

Services - 2:00 & 7:30* p.m.

"Our Lord is Crucified"

Matthew 27:33-54; John 19:31-37



~Holy Week~

Palm Sunday – April 10

Worship Services - 8:30 & 11:00

"The Triumphant Entry of Our Lord"

Matthew 21:1-13

Sunday School - 9:45 a.m.

Maundy Thursday – April 14

Holy Communion - 2:00 & 7:30 p.m.

"Holy Communion with our Lord"

Matthew 26:26-29

Good Friday – April 15

12:30 - 3:00 p.m.

Meditations & Music

Tenebrae Service – April 15

7:30 p.m.

"The Burial of our Lord"

Matthew 27:57-60

Easter Sunday – April 17

Worship Services – 7:00, 8:30 & 11:00

"Alive with our Lord Jesus Christ"

Colossians 3:1-4; Matthew 28:1-10

Holy Communion after the
8:30 and 11:00 a.m. services.

Sunday School – 9:45 a.m.
(for children)



Ukraine is very much in the news these days, and sadly not in a good way. Our church happens to support a husband and wife missionary team in Ukraine: Tomasz and Miriam Chmiel. We learned recently that the Chmiels and their children fled to Poland after sirens warned that the city of Lviv was in danger of being bombed. From Poland they proceeded on to the Czech Republic where they have family.



The graphic below is a copy of the back cover of an anniversary book they recently distributed. It is available in our church library. Please remember the Chmiel family in your prayers!

The Lord replied, *"My Presence will go with you, and I will give you rest."*
Then Moses said to him, *"If your Presence does not go with us, do not send us up from here."*

Exodus 33:14-15

These verses have been with us from the very beginning of our journey together. We even used them in our wedding invitations. It is the same with European Camps, as our desire has always been to move forward only if this is God's ministry.

In the past ten years, we have seen God bless this ministry in great ways and we are very thankful for all He has done!

Tomasz and Miriam Chmiel
JOSHUA VENTURE MISSIONARIES
IN LVIV, UKRAINE



**+ european
camps**

serving
together
in unity



Last month our RLC Youth observed their annual "30 Hour Famine". As part of this activity to raise awareness of world hunger, they went door to door in the neighborhood and collected can goods to be donated to the City Mission. They then broke fast with a wonderful dinner together Saturday afternoon. What a blessing to have such a great group of Christian young people in our midst!

Knit Wits Update

Ruthfred members and friends really came through with the "soap pouch" project. There were 90 soap pouches and bars of soap to fill them that were sent to Washington City Mission's Avis Arbor. Each pouch has a bar of soap that can be removed for use or that can be used as a loofah with the soap inside.

Thanks to everyone who donated time, yarn and soap to make this project a success. What a wonderful outreach for Ruthfred Lutheran Church. Each soap pouch has a note with a Bible verse and RLC's address.

The Knit Wits meet the 2nd and 4th Thursday of each month in the Fireside Lounge. All levels of knitters/crocheters are welcome. Interested in learning how to knit or crochet, please stop in.

Susan Rotz



FAMILY EASTER FESTIVAL

AT RUTHFRED LUTHERAN CHURCH

WHAT: *a fun fellowship event
for young families*

WHEN: *Sunday, **April 10**, 4-6pm*

Families will visit game and craft stations, highlighted by a Resurrection egg-hunt and a short Easter-message skit, all reinforcing the true reason we celebrate Easter!

Activities are geared toward children age 2-8 years, but ALL are welcome! All kids MUST be accompanied by an adult. Grandparents are welcome to bring grandkids, too. The event ends with a spaghetti dinner. (gluten-free available)

**Sign-up (required) by Sunday, April 3
at ruthfred.org/announcements
OR sign-up sheet outside Nursery**

Bring a Friend!

Your child may bring a friend, or invite another family. Just be sure to include names and ages of all children you are bringing.

Song of the Month

By Tom Glasser

Wide Open Are Thy Hands

Lyrics: Ascribed to St. Bernard of Clairvaux; Tr. by Charles Porterfield Krauth

Music: George William Martin; Arr. by Arthur S. Sullivan

Remodeling the original tiny bathroom in our house has been on our to-do list for the past 21 years. Thanks to some help from Jason Buzon, we recently made some progress and it was ready for some painting. I worked up the enthusiasm one day to tackle that. When I got the paint and supplies organized and into the bathroom, I noticed drop cloths from the mudding work that needed shaken out. So I took them down to the garage and shook them out into the driveway. This made quite a mess. So I got my shop vac and cleaned it up. While I had that out, I decided to clean up the sawdust in the garage from another project. Then I realized that there were still extension cords outside from the Christmas decorations that needed to be put away. While doing that I remembered that I wanted to retrieve more firewood from the backyard. I see many of you smiling and nodding your heads now – yep, been there, done that!

I recount this little amusing episode solely to warn you that it is somewhat analogous to how this article evolved. With Lent upon us in March, I wanted to select a Lenten hymn to write about. Browsing through the SBH hymnal, I settled upon "Wide Open Are Thy Hands." One of the first things I noticed about it is that the lyrics are ascribed to St. Bernard of Clairvaux. Good, I thought – another opportunity to research, learn, and share with you.

Here's a thumbnail sketch. Bernard was born in 1090 near Dijon, France, in the lap of nobility, wealth, and comfort. His father was a knight, friend, and vassal of the Duke of Burgundy, and lived in a castle. He grew up to be a handsome, well-spoken, graceful young man with genteel manners. All sorts of worldly pursuits were open to him. Deeply affected by the death of his mother when he was fifteen, however, Bernard chose a life of asceticism and monkhood. He entered the newly established Cistercian Order and was quickly recognized for his intelligence, diligence, and piety. Soon after his novitiate, Bernard was sent with twelve other monks to found a branch monastery which eventually became known as the Abbey of Clairvaux. "He founded numerous other monasteries, composed a number of works and undertook many journeys for the honor of God. Several Bishoprics were offered him, but he refused them all. The reputation of St. Bernard spread far and wide; even the Popes were governed by his advice." [www.catholic.org] If there is any area where he has been open for criticism, it is that he was commissioned to preach and raise enthusiasm for the second Crusade which did not end well.



This bit of research reminded me that there is a beautiful Catholic church here in the South Hills by the name of St. Bernard's. Curious, I checked and confirmed that it is indeed named after Bernard of Clairvaux. The parish was founded in 1919 and did not at that point have a building or a name. After some discussion, it was "decided to name it after St. Bernard of Clairvaux, a French theologian and abbot. They had various reasons for choosing St. Bernard but agreed it was fortuitous that the offertory verse for the mass on St. Bernard's feast day references a Cedar of

Continued on next page ...

Lebanon, as Mt. Lebanon was named after two Cedar trees that The Rev. Joseph Clokey brought back from the Holy Land in the mid-1800's. Clokey planted the trees on his property on Bower Hill Road, not far from where his church, Mt. Lebanon United Presbyterian, and St. Bernard sit side-by-side today." [lebomag.com]



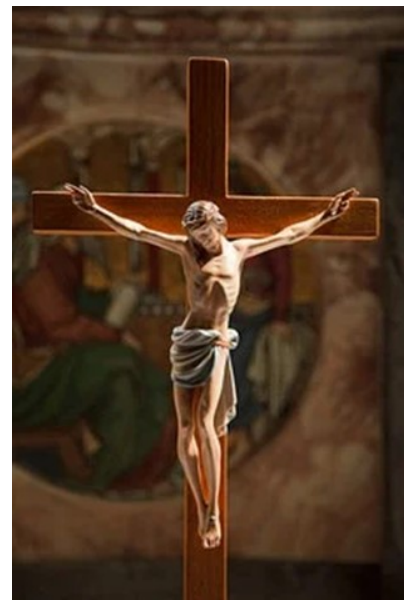
I had always admired the architecture of St. Bernard's as I drove past it these many years. Writing this article, however, inspired me to take a peek inside. It is as magnificent on the inside as it is on the outside, and if you've never been there I would encourage a visit sometime. Interestingly, our organist Fred Schell served at St. Bernard's prior to coming to Ruthfred. (I warned you that this article was going to be serendipitous!) Fred was their organist for eight years, and in a recent conversation with him I learned that he actually helped to design the organ there.

In closing, I suppose we should say something about the hymn! You may have noticed that the hymn is "ascribed" to St. Bernard. That is because his authorship is not known for certain. Whoever the author was, however, it is indeed a wonderful, comforting Lenten hymn. The verses focus on the hands and arms of our Savior. His arms were wide open because He allowed them to be nailed that way for our redemption, and His hands will presumably forever bear the scars of the nails. With no further comment, however, I will just let the verses speak for themselves:

*Wide open are thy hands, paying more than gold
The awful debt of guilty men, forever and of old.
Ah, let me grasp those hands, that we may never part,
And let the power of their blood sustain my fainting heart.*

*Wide open are thine arms, a fallen world to embrace;
To take to love and endless rest our whole forsaken race.
Lord, I am sad and poor, but boundless is thy grace;
Give me the soul-transforming joy for which I seek thy face.*

*Draw all my mind and heart up to thy throne on high,
And let thy sacred Cross exalt my spirit to the sky.
To these, thy mighty hands, my spirit I resign;
Living, I live alone to thee, dying, alone am thine.*



P.S. I did eventually manage to get one coat of paint onto the bathroom walls.



Worship Team Members for March 2022

Acolytes:

8:30 a.m. Isaiah Compel
11:00 a.m. Jonathan Tarrant

Crucifers:

8:30 a.m. (3/13, 3/27) Maddie Cox
11:00 a.m. (2/6, 2/20) Abby Stutzman

Altar Guild:

Will Charlton

Counters:

8:30 am Tom Glasser
Mark Killinger
11:00 am Kevin Boehme
Mark Riley

Ushers:

8:30 am Bernard Pattera
Alan Hinkelman
11:00 am Kurt Ziegler
Rich Rostausher

Coffee Hour:

Weighleys
Glassers

CL




~Psalm 84:10
(KJV)~

For a day in thy courts
is better than a thousand.
I had rather be a
doorkeeper in the
house of my God, than
to dwell in the tents
of wickedness.

CL



March, 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Worship Team 7:00	2 Sunrise service* 6:30 JTTW 9:15 Lenten Service* 2:00 Children's Choir 5:45 Soup/Sandwich Supper 6:00 Confirmation 6:15 Bell Choir 6:30 Senior Choir 7:00 & after 7:30 service Lenten Service 7:30* HAPPY 92 nd BIRTHDAY SUE KOVAC	3	4 Men's Prayer Group 7:00 a.m. (Fireside Lounge)	5
6 Holy Communion 8:30 Sunday School 9:45 Holy Communion 11:00 Holy Communion 6:00 CITY MISSION FOOD SUNDAY	7 JTTW Leaders 9:30 Craft & Sew 9:30	8 Worship Team 7:00	9 JTTW 9:15 Esther Noon Lenten Service 2:00 Children's Choir 5:45 Soup/Sandwich Supper 6:00 Bell Choir 6:30 Confirmation 6:15	10 Knit Wits 10:00	11 Men's Prayer Group 7:00 a.m. (Fireside Lounge) Parents' Night Out (sponsored by Youth Ministry) 6:30	12 Mary Bible Study 9:30 (Fireside Lounge)
13 Worship Service 8:30 Sunday School 9:45 Worship Service 11:00	14 JTTW Leaders 9:30 Elders' Meeting & Prayer Time 6:30 Council Meeting 7:30	15 Worship Team 7:00	16 JTTW 9:15 Lenten Service 2:00 Children's Choir 5:45 Soup/Sandwich Supper 6:00 Bell Choir 6:30 Confirmation 6:15 Senior Choir 7:00 & after 7:30 service Lenten Service 7:30	17 Ruth 2:00	18 Men's Prayer Group 7:00 a.m. (Fireside Lounge)	19 Contemporary Liturgical Worship Service 5:00
20 Worship Service 8:30 Sunday School 9:45 Worship Service 11:00	21 JTTW Leaders 9:30 Craft & Sew 9:30	22 Worship Team 7:00	23 (Same as Wednesday the 16th)	24 Knit Wits 10:00	25 Men's Prayer Group 7:00 a.m. (Fireside Lounge) XYZ Noon	26 HAPPY 90 th BIRTHDAY CARYL HANSEN Parents' Date Night 5-8 p.m.
27 Worship Service 8:30 Sunday School 9:45 Worship Service 11:00 GIFT Bible Study 6:30 Herald Deadline	28 JTTW Leaders 9:30	29 Worship Team 7:00 Benevolence 7:00	30 (Same as Wednesday the 16th)	31		



March 2022

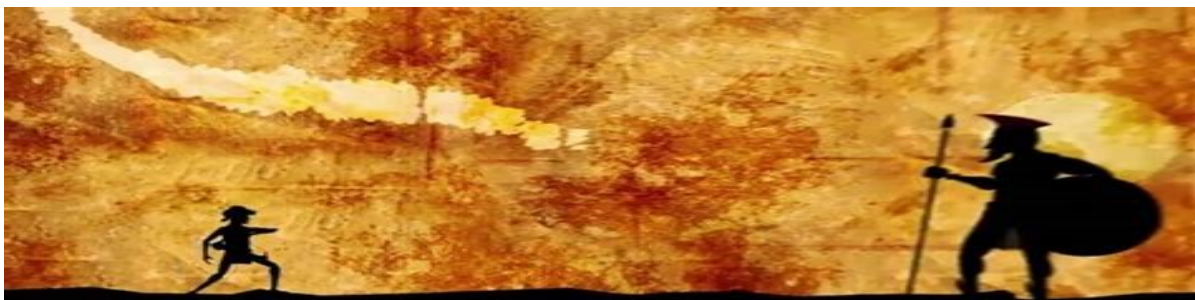
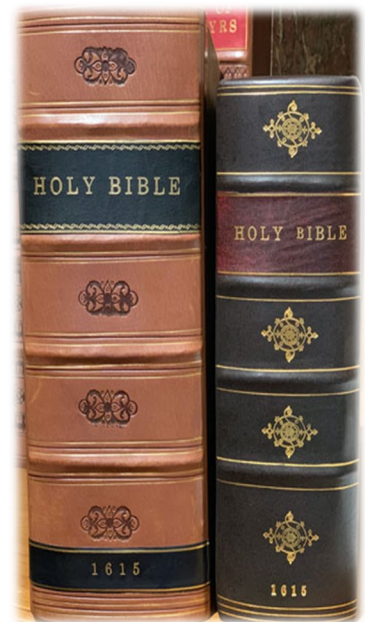
Youth Ministry Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 TNT @ Church 7-9	2	3	4	5
6 Sunday School 9:45 SWAP @ Church 6-7:30	7	8 TNT @ Church 7-9	9	10	11 Parents' Night Out @ Church 6:30	12
13 Sunday School 9:45 SWAP @ Church 6-7:30 	14	15 TNT @ Church 7-9	16	17	18	19
20 Sunday School 9:45 SWAP @ Church 6-7:30	21	22 TNT @ Church 7-9	23	24	25	26 Parents' Date Night 5-8 p.m.
27 Sunday School 9:45 SWAP @ Church 6-7:30	28	29	30	31		

Reading Through the Bible 2022

Schedule for March

1st	Deuteronomy 5	Deuteronomy 6	Deuteronomy 7	
2nd	Deuteronomy 8	Deuteronomy 9	Deuteronomy 10	
3rd	Deuteronomy 11	Deuteronomy 12	Deuteronomy 13	
4th	Deuteronomy 14	Deuteronomy 15	Deuteronomy 16	
5th	Deuteronomy 17	Deuteronomy 18	Deuteronomy 19	Deuteronomy 20
6th	Deuteronomy 21	Deuteronomy 22	Deuteronomy 23	
7th	Deuteronomy 24	Deuteronomy 25	Deuteronomy 26	Deuteronomy 27
8th	Deuteronomy 28	Deuteronomy 29		
9th	Deuteronomy 30	Deuteronomy 31		
10th	Deuteronomy 32	Deuteronomy 33	Deuteronomy 34	
11th	Joshua 1	Joshua 2	Joshua 3	Joshua 4
12th	Joshua 5	Joshua 6	Joshua 7	Joshua 8
13th	Joshua 9	Joshua 10	Joshua 11	
14th	Joshua 12	Joshua 13	Joshua 14	Joshua 15
15th	Joshua 16	Joshua 17	Joshua 18	
16th	Joshua 19	Joshua 20	Joshua 21	
17th	Joshua 22	Joshua 23	Joshua 24	
18th	Judges 1	Judges 2		
19th	Judges 3	Judges 4	Judges 5	
20th	Judges 6	Judges 7		
21st	Judges 8	Judges 9		
22nd	Judges 10	Judges 11	Judges 12	
23rd	Judges 13	Judges 14	Judges 15	
24th	Judges 16	Judges 17	Judges 18	
25th	Judges 19	Judges 20	Judges 21	
26th	1 Samuel 1	1 Samuel 2	1 Samuel 3	
27th	1 Samuel 4	1 Samuel 5	1 Samuel 6	1 Samuel 7 1 Samuel 8
28th	1 Samuel 9	1 Samuel 10	1 Samuel 11	1 Samuel 12
29th	1 Samuel 13	1 Samuel 14		
30th	1 Samuel 15	1 Samuel 16	1 Samuel 17	
31st	1 Samuel 18	1 Samuel 19	1 Samuel 20	



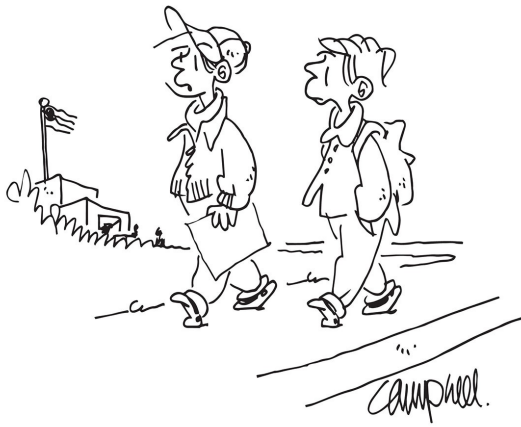
A joyful heart is good medicine.

Proverbs 17:22a

A visitor was walking through a monastery and passed a kitchen where a man was frying thin slices of potato on the stove. "Are you one of the friars?", he asked. "No," the man replied, "I'm just the chip monk."



Teacher: What is $2 + 2$?
Student: Jesus
Teacher: Why would you say 'Jesus' is the answer to $2 + 2$?
Student: My Sunday School teacher said Jesus is the answer to everything.



"I made a New Year's resolution to eat broccoli. If I can't stand it, I'll give it up for Lent."

Man: God, how long is a million years?
God: To me, it's about a minute.
Man: God, how much is a million dollars?
God: To me, it's only a penny.
Man: God, may I have a penny?
God: Wait a minute.